

BAYLOR BOUND MAJOR ACADEMIC PLANNER

Bachelor of Science in Education- Health, Kinesiology & Leisure Studies (HKLS)

A Suggested Sequence of Required Courses (2025-2026 Catalog)

Freshman Year								
Fall				Spring				
MCC	BU	Title	Hours	MCC	BU	Title	Hours	
	CHA 1088	Chapel	0		CHA 1088	Chapel	0	
	ENG 1310	Writing and Academic Inquiry	3		See Reverse	CSI Elective	3	
	See Reverse	Fine Art Elective	2-3	ENGL 2321/22	ENG 2301	British Literature	3	
	See Reverse	Math Elective	3	PHIL 1317	REL 1350	The Christian Heritage	3	
PHED 1106	LF 1134	Fitness Theory and Practice	1		See Reverse	General Elective	3	
PHIL 1316	REL 1310	The Christian Scriptures	3		See Reverse	History Elective	3	
SOCI 1301	SOC 1305	Intro to Sociology	3	PHED 1118/1373	PUBH 1145	Health and Human Behavior	1	
			15-16				16	
Sophomore Year								
Fall				Spring				
MCC	BU	Title	Hours	MCC	BU	Title	Hours	
SPCH 1311/15/21	CSS 1301/02	Fundamentals of Public Communication or Speech for Business and Prof. Students	3		ENG 2310	American Literary Cultures	3	
ENGL 23/31/32/33	ENG 2306	World Literature	3	PSYC 2301	PSY 1305	Introduction to Psychology	3	
	See Reverse	General Elective	2		See Reverse	General Elective	3	
	See Reverse	History Elective	3		See Reverse	General Elective	3	
	HP 1420	Human Anatomy	4		See Reverse	Lab Science Elective	4	
	LF XXXX	Lifetime Fitness	1		LF XXXX	Lifetime Fitness	1	
			16				17	
Junior Year								
Fall				Spring				
MCC	BU	Title	Hours	MCC	BU	Title	Hours	
	See reverse	HKLS Elective	3		See Reverse	HKLS Elective	3	
	See Reverse	PUBH Elective	3		See Reverse	PUBH Elective	3	
	PSC 1387	The US Constitution	3		See Reverse	General Elective	3	
	See Reverse	General Elective	3		See Reverse	General Elective	3	
	See Reverse	General Elective	3		See Reverse	General Elective	3	
			15				15	
Senior Year								
Fall				Spring				
MCC	BU	Title	Hours	MCC	BU	Title	Hours	
	See Reverse	HKLS Elective	3		See Reverse	HP Elective	3	
	See Reverse	HP Elective	3		See Reverse	HP Elective	3	
	See Reverse	PUBH Elective	3		See Reverse	RLS Elective	3	
	See Reverse	RLS Elective	3		See Reverse	RLS Elective	3	
	See Reverse	General Elective	3		See Reverse	General Elective	3	
			15				15	

Notes about major requirements:

– For more information, see the Baylor Undergraduate Catalog.

Please see reverse side for important information on general requirements.

MCC COURSE	BAYLOR COURSE	BAYLOR TITLE
Computer Science- Choose one course from the following (3 hours)		
COSC 1301	BUS 1305	Software Applications for Personal Productivity
COSC 1337	CSI 1430	Introduction to Computer Science I w/ Laboratory
	CSI 3303	Information Technology

History: Choose any two history courses (6 hours)		
HIST 2321	HIS 1305	World History to 1500
HIST 2322	HIS 1307	World History since 1500
HIST 1301	HIS 2365	History of the U.S. to 1877
HIST 1302	HIS 2366	History of the U.S. since 1877

Fine Arts: Choos any course with the prefix ART, ARTH, THEA, MUEN, or MUS (2-3) Hours

MUSI 1182	MUS 1132	Piano Grade Level IIs
MUSI 2182	MUS 11K1	Undergraduate Piano
MUAP 1217	MUS 12W1	Undergraduate Flute
MUSI 1301/06	MUS 1321	Engaging with Music
MUSI 2117	MUS 2102	Musicianship IV
MUSI 2311	MUS 2301	Theory III
MUSI 2312	MUS 2302	Theory IV
ARTS 1316	ART 1310	Drawing I
ARTS 1317	ART 1311	Drawing II
ARTS 1311	ART 1314	2D Design
ARTS 1312	ART 1316	3D Design
ARTS 2323	ART 2310	Figure Drawing I
ARTS 2316	ART 2320	Intro to Oil Painting
ARTS 2356	ART 2334	Intro to Darkroom Photography
ARTS 2346	ART 2340	Hand Built Ceramics
ARTS 2326	ART 2344	Wood Sculpture
ARTS 2327	ART 2345	Metal Sculpture
DRAM 2336	THEA 1101	Fundamentals of Voice & Movement I
DRAM 2336	THEA 1102	Fundamentals of Voice & Movement II
MUEN 1152	THEA 1103	Freshman Voice
DRAM 1330	THEA 1312	Scenic Elements
DRAM 1342	THEA 1316	Costume & Makeup Elements
DRAM 1341	THEA 2316	Stage Makeup
DRAM 2351	THEA 2372	Acting II: Realism
DRAM 2361	THEA 2374	Theater History I
DRAM 2362	THEA 2375	Theater History II
DRAM 2331	THEA 2383	Theatrical Drawing & Rendering

Laboratory Science: Choose any BIO, CHE, GEO, ENV, or PHY course (4 hours)- Must include lab		
BIOL 1408/2404	BIO 1401	Current Issues in Human Biology
BIOL 2401	BIO 2401	Human Anatomy & Physiology of Motion and Innervation
BIOL 2402	BIO 2402	Human Anatomy & Physiology of Metabolism and Processing
BIOL 2420	BIO 1302/1102	Introductory Microbiology & Lab

BIOL 1406	BIO 1305/1105	Modern Concepts of Bioscience I & Lab
BIOL 1407	BIO 1306/1106	Modern Concepts of Bioscience II & Lab
CHEM 1405	CHE 1300/1100	Introductory Chemistry & Lab
CHEM 1411	CHE 1301/1101	Basic Principles of Modern Chemistry I & Lab
CHEM 1412	CHE 1302/1102	Basic Principles of Modern Chemistry II & Lab
CHEM 1407	CHE 1341/1146	Intro to Bio-Organic Chemistry & Lab
PHYS 1405	PHY 1405	Everyday Physics
PHYS 1401	PHY 1408	General Physics for Natural and Behavioral Sciences I
PHYS 1402	PHY 1409	General Physics for Natural and Behavioral Sciences II
PHYS 2425	PHY 1420	General Physics I
PHYS 2426	PHY 1430	General Physics II

Mathematics: Choose any mathematics or statistics course (3 hours)		
MATH 1332	MTH 1301	Ideas in Mathematics
MATH 1324	MTH 1308	Precal for Business Students
MATH 1325	MTH 1309	Calculus for Business Students
MATH 1350	MTH 1315	Patterns, Relationships and Number Concepts
MATH 1351	MTH 1316	Geometry and Measurement
MATH 2412	MTH 1320	Precalculus Mathematics
MATH 2413	MTH 1321	Calculus I
MATH 2414	MTH 1322	Calculus II
MATH 2318	MTH 2311	Linear Algebra
MATH 2415	MTH 2321	Calculus III
MATH 1342	STA 1380	Elementary Statistics

Lifetime Fitness: Marching band and aerospace studies may substitute for these course (2 hours)		
Major Notes Grade point average: Minimum of 2.00 ("C") in the major.		

PUBH Electives (Choose any 3 of the following courses)		
	PUBH 2313	Consumer Health
	NUTR 2351	Nutrition or
	NUTR 3314	Consumer Nutrition
	PUBH 3314	Environmental Health (Summer Only)
	PUBH 3317	Mood-Modifying Substances
	PUBH 3320	Stress Management/ Mental-Emotional Health
	PUBH 4321	Human Sexuality
	PUBH 4327	Dying and Death Education
	SOC 3372, SOC 4353, SWO 2321, SWO 3351, HP 1154, HP 3351, HP 1154, HP 3136, PRO 2101	Additional PUBH courses as approved by program director

RLS Electives (Choose any 3 of the following courses)		
	RLS 1396	Introduction to Leisure Services
	RLS 2301	Camp Counseling and Administration (Fall Only)
	RLS 2388	Leisure and Lifestyle Well-Being (Fall Only)
	RLS 2389	Leadership & Facilitation in Leisure Services (Fall Only)
	RLS 3301	Theory and Practice of Outdoor Advanced Program (Spring Only)
	RLS 3302	Program Planning in Leisure Services (Fall Only)
	RLS 3382	Risk Management in HHPR (Spring Only)
	RLS 4301	Outdoor Education (Fall Only)
	RLS 4331	Meanings, Culture and Philosophy of American Landscapes (Spring Only)
	RLS 4391	Leisure Service Management (Fall Only)
	RLS 4392	Professional Issues and Practices in Leisure Studies
	RLS 4393	Facilities and Equipment in HHPR
	RLS 4395	Principles of Church Recreation (Spring Only)
	RLS 4396	Considerations for Diverse Populations in Leisure Programming (Spring Only)
	SOC 4393	Sociology of Aging

HP Electives (Choose any 3 of the following courses)		
PHED 1306	HP 2304	Advanced First Aid
	HP 2306	Anatomical Kinesiology
	HP 2420	Exercise Physiology
	HP 3368	Adapted Physical Education (Fall Only)
	HP 3381	Fundamentals of Human Performance (Fall Only)
	HP 3382	Risk Management in HHPR (Spring Only)
	HP 4352	Exercise and Sport Nutrition
	HP 4354	Techniques of Strength Training and Conditioning
	HP 4363	Philosophy, Principles, and Administration of HP
	HP 4368	Motor Learning and Development (Spring Only)
	HP 4369	Sports Psychology
	HP 4372	Sociology of Sport
	HP 4393	Facilities and Equipment in HHPR
	HP 4396	Religion and Sport

HKLS Electives (Choose 9 hours of any PUBH, HP, or RLS courses)

Any PUBH, HP or RLS course. Students should use these courses to explore other areas that are not already included in the options above.

***** General Elective Notes:**

31-32 semester hours to be taken from any academic unit in the University excluding LF courses. Up to 9 hours of 3000-4000 level PUBH, HP, or RLS courses may apply. Minor courses can be incorporated into elective credits. Because of the number of electives, there is often enough room for a minor with this major.